

SAFEGUARDING

YOUR RIGHTS

You have the right to:

- Feel safe and respected in our activity
- Healthy relationships with appropriate boundaries between you and your instructors
- Not to be bullied, intimidated or threatened
- Not be treated differently based on your characteristics, such as your gender, race or religion

WHAT TO EXPECT FROM ADULTS CONNECTED TO YOUR ORGANISATION (& WGUK/DCUK)

You can expect adults to:

- Treat you with respect and never intimidate or bully you
- Put your welfare and wellbeing first
- To listen to and act on any concerns you have, whether they're about you or someone else at your organisation
- Know and understand their safeguarding responsibilities, and how to keep you safe from harm and abuse

DON'T KEEP WORRIES TO YOURSELF. TELL SOMEONE.

If you ever see, hear, experience or are told about anything that makes you uncomfortable, or upsets you, you can:

- Talk to your organisations Designated Safeguarding Lead



- Talk to a trusted adult which may be your parent or guardian, a teacher, a instructor, an official or your organisations Designated Safeguard Lead
- Talk to a friend whether they're part of your organisation or not
- For more information, scan either of the QR code to the left, which will take you to the Advice for Children section of the WGUK website or to the right, which will take you to the Advice for Children section of the DCUK website. You can also use this page to "Report A Concern and tell us what happened".

Or email us at safeguarding@mpauk.org.uk

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